

1st January, 2016

**A LETTER FROM MICHAEL ADAMS
FIGHTING GENDER INEQUALITY AND BUILDING A STRONGER ALLIANCE WITH
PARTNERS AND STAKEHOLDER.**

FAROF has designed a new initiative tagged, "IN-SCHOOL GENDER BASE VIOLENCE PREVENTION.

FREEHEARTS AFRICA RACH OUT FOUNDATION (FAROF) which has metamorphose to TEHILAH HEALTH INTEGRATED OUTREACH (THIO) TEHILAH HEALTH INTEGRATED OUTREACH (THIO) is only 4 plus years today and the growth we have attained is tremendous and surprising.

It is vital to promote the rights of all individuals and reduce gender-based violence while mitigating its harmful effects on individuals and communities. Unless women, girls, men, and boys fully enjoy their human rights and are free from violence, progress toward development will fall short.

FAROF Foundation today is working on how girls in school will have a first hand knowledge on how to defend themselves against gender base violence and the necessary skills and information to have at hand, this initiative is open up for sponsorship as we hope to expand not just in Nigeria but to other Africa continents.

The economy of a Nation depends on the level of literacy impacted on a girl child, FAROF foundation is soliciting the support of other humanitarians and philanthropist to join the journey of supporting a loudable project such as this.

In conclusion, our programs are categories into health, Education and Empowerment programs and memberships are welcome.

Thank you for your interest in our work. I will continue to keep you updated over the course of the coming months on our progress and efforts.



Yours truly
Michael Adams
North West region coordinator