



Freeheart Africa
Reachout Foundation

FAROF

Company Profile

For every Woman and Child



Introduction



Amb. Eunice E. A. Adams
Founder

Welcome Message

Dear Partners and Friends,

At FAROF, we believe that true change begins when people are empowered to shape their own future. What started as a small vision has grown into a movement transforming lives across Africa.

Together with our partners and team, we remain committed to restoring hope, building resilience, and creating opportunities for every woman, youth, and child to thrive.

About Us

Freehearts Africa Reach Out Foundation (FAROF) is a non-profit and non-governmental organization dedicated to empowering vulnerable populations, especially women, children, and youth, through sustainable interventions in health, education, gender equality, agriculture, and livelihood development.





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Vision & Mission

► Company Vision

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Our Vision is to serve as a center of humanitarian excellence, where the rights of every child and woman are protected from all forms of exploitation and where communities enjoy improved standards of living

► Company Mission

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To protect the rights of children and women while improving living standards through sustainable livelihoods, inclusive economic empowerment, access to essential services, and community-driven development



Our Core Value

1 Excellence

2 Humanitarianism

3 Transparency

4 Accountability

5 Commitment

6 Resourcefulness



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OUR APPROACH

FAROF believes that lasting change happens when people are empowered to lead their own transformation. Our approach is community-centered, data-driven, and partnership-oriented.

1

Education

We promote inclusive and quality education for children and youth, helping them develop the knowledge and skills needed to build brighter futures.

2

Empowerment

We equip women and youth with vocational and entrepreneurial skills, enabling them to achieve financial independence and lead change in their communities.

3

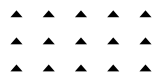
Health

We improve access to quality healthcare and nutrition, with a special focus on maternal, infant, and child health across underserved communities.

4

Child Protection

We advocate for the rights and safety of every child, working to prevent abuse, exploitation, and neglect through community awareness and support systems.



PROGRAM FOCUS

1

Health & Nutrition

4

Education & Child
Protection

2

Agriculture & Livelihoods

5

Gender Equality &
Women Empowerment

3

Digital & Youth
Empowerment





OUR STORY / BACKGROUND

FAROF was born out of a passion to serve humanity and restore dignity to the marginalized. It began as a small outreach effort focused on helping displaced families and children access health care and education. Over time, FAROF evolved into a full-fledged foundation impacting thousands across Nigeria and Africa.





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IMPACT & ACHIEVEMENTS



Reached 100,000+ pregnant women and children with maternal and child health interventions.



Empowered 9,700+ women and girls with vocational skills.



Trained 1,200+ frontline health workers



Supported 30,000+ out-of-school children



Partnered with global and local organizations to deliver scalable impact.



Empowered over 600+ farmers and MSME processors on climate smart agricultural practises

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PARTNERSHIPS & COLLABORATIONS

FAROF thrives on strategic collaborations with local and international partners to scale programs and deliver greater impact.

These are our partners:

TY DANJUMA Foundation (TYDF), Society for Family health (SFH), LUTAM FARMS, GIZ, EU, Government of Nigeria, UNICEF, and the US Embassy In Nigeria



Leadership Team



Amb. Eunice E. A. Adams
Chief Executive Officer



Mr. Light Micheal Adams
Strategic Development Manager



Miss Eunice Idan
Monitoring and Evaluation Officer



Mr. Osaro Edomwonyi
Finance Adviser

Board of Trustees



Mrs. Matilda B. Gideon-Owonubi
Chairman



Dr. John Ikpeme PhD
Chairman Emeritus /secretary



Barr. Plangna'an Da'or Silas
(Legal Representative)



Wasiu Amao (ICAN)
(Financial Advisor)



Mrs. Feyisayo Ogundare Aremu
(Gender and Policy Advisor)

FINANCIALS & SUSTAINABILITY

FAROF maintains high standards of financial management and reporting. Our operations are guided by internal controls and audited annually.

80% of all funds go directly to program implementation.





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FUTURE PLANS & STRATEGIC DIRECTION

Strategic Priorities (2025–2030):

1. Expand programs to 15 states.
2. Launch digital and solar innovation hubs across low and middle income communities.
3. Establish FAROF Skills & Empowerment Center.
4. Strengthen monitoring and research systems.





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Contact Us

Get Involved — Partner With Us Together,
we can create lasting change in Africa.



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